

Treating OSA is a Must

30-40 Million Undiagnosed

Associated Diseases:

- Night Time Heart Attacks
- Hypertension
- Obesity
- Congestive Heart Failure
- Diabetes
- Pacemakers
- Atrial Fibrillation

Treatment is Sound Economics

Treatment will Reduce:

- Medical Costs: 37-57%
- Hospital Admissions: 91%
- Accidents: 73%
- Disability Leaves: 52%
- Disability Days: 72%

Treatment of OSA is a Must

For Individuals and Families

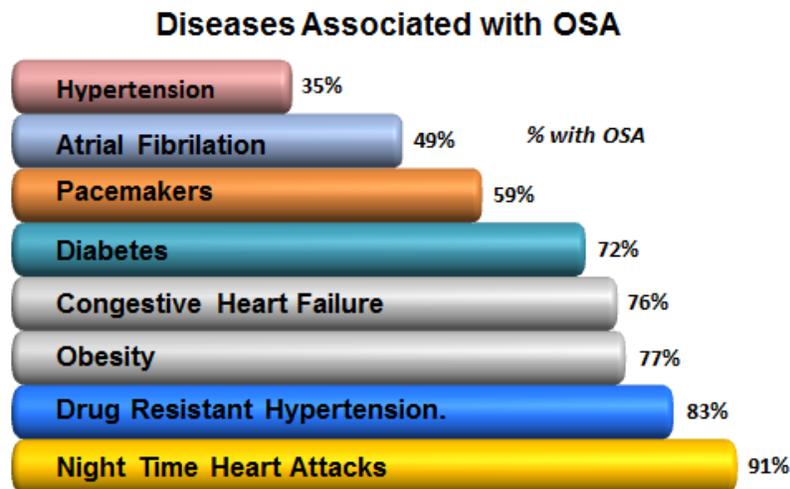
Obstructive Sleep Apnea (OSA) is one of the most devastating diseases currently faced by the medical community, yet only 15% of OSA patients are currently treated, leaving over 30 million in need. 95% of all OSA patients under treatment are self or spousally diagnosed; and treatment fails over 50% of the time due to noncompliance with the treatment modality.

OSA has serious lifestyle impacts. Many know the difficulties from both perspectives: sleeping with a noisy spouse or, on the other hand, having a spouse constantly complain about the snoring or express concern when you stop breathing during sleep. There are better solutions than sleeping in a separate room.

These issues represent only the “tip of the iceberg.” If you have untreated OSA, you are severely risking your health. OSA is a disease that typically progresses; it can lead to other diseases or make other disease worse. Treating OSA is critical to mitigating the impact of these diseases, or perhaps even precluding them.

Consider the statistics below; if you have OSA, you are likely to have one of the associated (comorbid) diseases, and treating the OSA can have a significant positive impact on the associated disease(s).

To make matters worse, there are more traffic accidents attributed to OSA than texting or cellular



phone use while driving or drinking under the influence of alcohol, combined.

For OSA Patients using CPAP

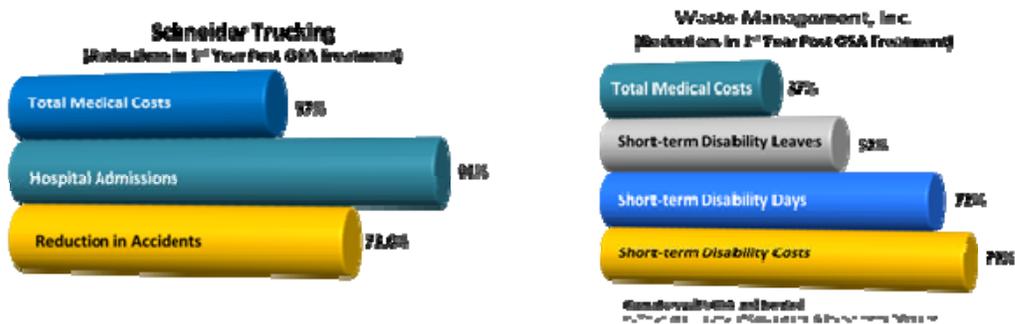
It’s been said that there are more CPAPs in closets than being worn by patients in need. If that’s the case with you, read on.

Warning: Over 50% of OSA patients cannot tolerate their CPAP. If that’s the case with you or a loved one, you should be aware that OSA has many associated chronic diseases, and going without treatment can increase the risk from them.

Recent advances have proven that OSA can be effectively treated in most patients with a FDA approved, insurance covered dental appliance called a Mandibular Advancement Device or MAD. A MAD is a comfortable Oral Appliance that is worn over your upper and lower teeth during sleep. It is custom fitted for you and advances your lower jaw (mandibular) a small amount to keep your airway open allowing you to breath and reduce or eliminate snoring.

For Employers and Payors

Treating OSA dramatically improves employee health and well-being, is great preventative care, and **also is sound economics**. It costs less than \$3,500 to diagnose and treat OSA patients, but that investment can mitigate hundreds of thousands in costs associated with the results of OSA associated diseases, accidents, and absenteeism.



OSA is a major contributor to short term disability claims, absentee days, and cost, as well as work place accidents. For employers, Wellness Programs should include screening for OSA. ProAct offers an exceptional no cost screening tool to participating employers; the Assessment can be completed in minutes, digitally scored, and made available to you to assist your employees in seeking assistance through the ProAct Health Network.